

Ware Public Schools
SUMMER FOOD SERVICE PROGRAM LUNCH
JUNE/JULY/AUGUST 2022

Jun 7, 2022

Monday	Tuesday	Wednesday	Thursday	Friday
Jun - 27 GRILLED CHEESEBURGER FRENCH FRIES BAKED BEANS PEACHES MILK-VARIETY	Jun - 28 TERIYAKI CHICKEN BROWN RICE STEAMED BROCCOLI PINEAPPLE CHUNKS MILK-VARIETY	Jun - 29 ASSORTED GRINDERS BABY CARROTS W/DIP DRAGON PUNCH VEG JUICE APPLES MILK-VARIETY	Jun - 30 WHOLE GRAIN PIZZA MIXED GREEN SALAD WATERMELON MILK-VARIETY	Jul - 1 CHICKEN PATTY ON WHOLE WHEAT ROLL POTATO PUFFS PEARS MILK-VARIETY
Jul - 4 FOURTH OF JULY NO LUNCH	Jul - 5 TACO FIESTA BLACK BEANS CORN APPLESAUCE MILK-VARIETY	Jul - 6 CHICKEN NUGGETS WHIPPED POTATOES CARROTS MIXED FRUIT MILK-VARIETY	Jul - 7 MINI PANCAKES TURKEY SAUSAGE LINKS POTATO PUFFS STRAWBERRY CUP MILK-VARIETY	Jul - 8 MEATBALL GRINDER MIXED GREEN SALAD PEACHES MILK-VARIETY
Jul - 11 CHICKEN PATTY ON WHOLE WHEAT ROLL POTATO PUFFS PEARS MILK-VARIETY	Jul - 12 CORN DOG BITES FRENCH FRIES BAKED BEANS PINEAPPLE CHUNKS MILK-VARIETY	Jul - 13 ASSORTED SANDWICHES BABY CARROTS W/DIP DRAGON PUNCH VEG JUICE ORANGES MILK-VARIETY	Jul - 14 WHOLE GRAIN PIZZA MIXED GREEN SALAD PEACHES MILK-VARIETY	Jul - 15 CHICKEN CHEESE QUESADILLA CORN APPLES MILK-VARIETY
Jul - 18 HOT DOG ON WHOLE WHEAT ROLL FRENCH FRIES MIXED FRUIT MILK-VARIETY	Jul - 19 TACO FIESTA BLACK BEANS CORN PEARS MILK-VARIETY	Jul - 20 TANGARINE CHICKEN BROWN RICE STEAMED BROCCOLI PINEAPPLE CHUNKS MILK-VARIETY	Jul - 21 CHEESE STEAK SANDWICH POTATO WEDGES APPLESAUCE MILK-VARIETY	Jul - 22 CHEESE BITES W/MARINARA SAUCE MIXED GREEN SALAD PEACHES MILK-VARIETY
Jul - 25 GRILLED CHEESEBURGER FRENCH FRIES BAKED BEANS PEARS MILK-VARIETY	Jul - 26 WHOLE GRAIN MACARONI & CHEESE STEAMED BROCCOLI MIXED FRUIT MILK-VARIETY	Jul - 27 BBQ PULLED PORK SANDWICH SWEET POTATO FRIES APPLESAUCE MILK-VARIETY	Jul - 28 MOZZARELLA STICKS W/MARINARA SAUCE MIXED GREEN SALAD WATERMELON MILK-VARIETY	Jul - 29 MINI PANCAKES TURKEY SAUSAGE LINKS POTATO PUFFS STRAWBERRY CUP MILK-VARIETY

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Aug - 1 CHICKEN NUGGETS WHIPPED POTATOES GREEN BEANS APPLESAUCE MILK-VARIETY	Aug - 2 TACO FIESTA BLACK BEANS CORN PEACHES MILK-VARIETY	Aug - 3 ASSORTED GRINDERS BABY CARROTS W/DIP DRAGON PUNCH VEG JUICE ORANGES MILK-VARIETY	Aug - 4 WHOLE GRAIN PIZZA MIXED GREEN SALAD MIXED FRUIT MILK-VARIETY	Aug - 5 CHICKEN PATTY ON WHOLE WHEAT ROLL POTATO PUFFS PEARS MILK-VARIETY

MENU SUBJECT TO CHANGE / 3 TYPES OF MILK SERVED: FF CHOC, SKIM, AND 1%
ALT MEAL: PEANUT BUTTER & JELLY SANDWICH
"THE USDA AND THIS INSTITUTION ARE AN EQUAL OPPORTUNITY PROVIDER"

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