

Crisis & Help Available:

Emergency Crisis Services:

Provides emergency screenings and placement for individuals in mental health and or substance use emergencies. Behavioral Health Network has a 24 hours access phone number: 1-800-437-5922

Substance Use & Recovery Counselors for Youth:

Carson Center for Human Services	Griswold Center
40 Wright Street, Palmer	96 South Street, Ware
413-370-5285	413-967-6241

Pharmacies/Narcan Availability:

The following pharmacies carry Narcan, the antidote to an opioid or heroin overdose. Narcan is available without a prescription by a mechanism called “standing order”. Ask for a Narcan Kit, with instructions on how to use this kit. If you have insurance, there will be a small co-pay. Narcan is free with Mass Health.

All Walgreens	All CVS
All Rite Aid	Athol Family Pharmacy

Additional Educational Resources:

Massachusetts Substance Abuse Info and Education
Information on youth and adult programs in MA
www.helpline-online.com
1-800-327-5050

Learn 2 Cope

Learn 2 Cope is a support organization that offers education, resources, peer support and hope for parents and family members coping with a loved one addicted to opiates or other drugs.

www.learn2cope.org

Helpful Links for talking to your child about substance use:

“7 Ways to Protect Your Teen From Alcohol and Other Drugs”
<http://files.hria.org/files/SA1011.pdf>

Underage Drinking Prevention Parent Resources from SAMHSA
<http://www.samhsa.gov/underage-drinking/parent-resources>

Marijuana Talk Kit: <http://drugfree.org/MJTalkKit/>

